

CAREER PATHFINDERS

BACHELOR OF KINESIOLOGY, PHYSICAL AND HEALTH EDUCATION

Work Settings

Skills and Characteristics

Understanding of physiological, psychological and sociological aspects of human movement
Specialized knowledge of nutrition, physical activity and health
Strong communication skills
Data gathering skills
Organized
Ability to work as a team
Logical thinking abilities

Professional Associations and Other Links

Canadian Athletic Therapists Association <https://athletictherapy.org/>
Coaching Association of Canada <http://www.coach.ca/>
Sport Manitoba <http://www.sportmanitoba.ca/>
Canadian Kinesiology Alliance <http://www.cka.ca/>
Canadian Academy of Sport and Exercise Medicine <http://casem-acmse.org/>
Canadian Society for Exercise Physiology <https://www.csep.ca/>
Canadian Society for Psychomotor Learning and Sport Psychology scapps.org
CMCC Chiropractic Academic Pathway <https://www.uwinnipeg.ca/dept-kinesiology/CMCC%20Chiropractic%20Academic%20Pathway%20.html>

This document is intended to provide a starting point for your career research. For more information about Kinesiology programs, visit the [Department of Kinesiology and Applied Health website](#), [Athletic Therapy Fact Sheet](#), [Kinesiology Fact Sheet](#), [Physical and Health Education Fact Sheet](#), [Pre-Occupational Therapy Fact Sheet](#), [Pre-Medical Rehabilitation: Physical Therapy Fact Sheet](#), and the [Pre-Medical Rehabilitation: Respiratory Therapy Fact Sheet](#).

Students are encouraged to [schedule an appointment with an Academic and Career Advisor](#) for assistance with career planning.