



## PRE-PROFESSIONAL STUDIES

# PRE-PHYSICAL THERAPY

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Physical therapy (or physiotherapy) is the art and science of rehabilitation by restoring the maximum levels of independence and functional movement to individuals with physical or physiological disorders. In the treatment of disorders, physical therapists use techniques such as tissue manipulation, therapeutic movement, heat, cold, and ultrasound.

The University of Winnipeg is an excellent place to fulfill the entrance requirements for physical therapy at the University of Manitoba or other universities across Canada.

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## YOUR EDUCATION

### Years 1-3: PRE-Physical Therapy at The University of Winnipeg

- Each physical therapy program has its own entrance requirements. To meet the entrance requirements for Physical Therapy at the University of Manitoba, you will **complete an undergraduate degree (minimum 3-year, 90 credit hour), including the “Pre-Professional Requirements” listed on page 2.**
- You will graduate with an undergraduate degree in any faculty from The University of Winnipeg. The degree you earn will depend on your course selection and interests; while there are required and recommended courses, there is no one degree or program that is required for entry to physical therapy.

### Years 4-5: Professional Studies: Physical Therapy

- During your pre-professional studies at The University of Winnipeg, you will apply for admission to physical therapy at another university.
  - Enrolment in physical therapy programs is limited, and only qualified applicants are chosen.
  - At least two more years of study are required to complete a master’s degree in physical therapy.
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## PRE-PROFESSIONAL REQUIREMENTS

The School of Medical Rehabilitation at the University of Manitoba offers a two-year Professional Master’s Degree Program in Physical Therapy. Before entering the program, students must have **completed an undergraduate degree in any faculty, as well as the specified prerequisite courses – see page 2.**

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